



SCORE BIG WITH Super Savings

BUY ME TO QUALIFY



SPAR Daily Spread 40% Fat Spread Tub 1 kg

39⁹⁹

WITH RewardsCARD

Fridge Favourites



Danone Ultra Mel Delight Vanilla, Caramel or Chocolate Flavoured Dessert 4 x 100 g

26⁹⁹

per pack

WITH RewardsCARD



Danone Ultra Mel Custard 1 litre Assorted

BUY 2 FOR

54⁰⁰

WITH RewardsCARD



Clover Super M Flavoured Milk 300 ml Assorted

14⁹⁹

each

WITH RewardsCARD



Clover Tropika Dairy Fruit Mix 2 litre Assorted

32⁹⁹

each

WITH RewardsCARD



SPAR Long Life Cream 300 ml

BUY 2 FOR

50⁰⁰

WITH RewardsCARD



SPAR Full Cream or Double Cream Assorted or Double Cream Plain Yoghurt 1 kg

37⁹⁹

each

WITH RewardsCARD



Flora Fat Spread Tub (excl. Gold) 1 kg Assorted

59⁹⁹

each

WITH RewardsCARD

BUY ME TO QUALIFY



Clover Low Fat Smooth Dairy Snack (excl. fruits of the forest) 6s Assorted

BUY ANY 2 FOR

36⁰⁰

WITH RewardsCARD



Parmalat or Melrose Processed Cheese Slices 400 g Assorted (incl. Président Gourmet Cheese Slices 380 g)

66⁹⁹

per pack

WITH RewardsCARD



Clover Processed Cheese Slices 950 g Assorted

114⁹⁹

each

WITH RewardsCARD



Clover Pre-Packaged Cheese 800 g Assorted

119⁹⁹

each

WITH RewardsCARD



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all SAVE EXTRA products.

Specials only available at selected SUPERSPAR stores in the Eastern Cape from 25 May up to and including 7 June 2026 while stocks last.

We reserve the right to limit quantities. Prices include VAT.

KICK OFF WITH SAVINGS

BUY ME TO QUALIFY



SPAR Ice Cream
1,8 litre / 2 litre Assorted

59⁹⁹ each

WITH RewardsCARD

Freezer Essentials



McCain Frozen Mixed Vegetables 1 kg

47⁹⁹ each

WITH RewardsCARD



McCain Frozen Skinny Fries or Slap Chips 1 kg

49⁹⁹ each

WITH RewardsCARD



Eskort Smoked or Red Viennas 500 g

34⁹⁹ each

WITH RewardsCARD



SPAR French or Chicken Polony 2 kg

59⁹⁹ each

WITH RewardsCARD



SPAR Chicken & Cheese, Chilli, Cheese or Chicken Viennas 500 g

59⁹⁹ per pack

WITH RewardsCARD



Rainbow Simply Chicken Crumbed Steaklets, Fingers, Nuggets or Burgers Assorted or Chips or Pops 350 g / 400 g / 403 g

52⁹⁹ each

WITH RewardsCARD



Farmer Brown Naked Frozen Chicken Thighs, Drumsticks or Breast Fillets with Brine Based Mixture 1 kg

79⁹⁹ each

WITH RewardsCARD



I & J Fish Fingers 800 g

109⁹⁹ per pack

WITH RewardsCARD



I & J Beefers 800 g Assorted

99⁹⁹ each

WITH RewardsCARD



Dr Oetker Ital Pizza 380 g / 424 g / 440 g / 470 g / 468 g / 504 g / 514 g / 529 g / 544 g Assorted

79⁹⁹ each

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED



Download now!



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Super Savings

AS SEEN ON TV

SAVE EXTRA



Bakers
Tennis Biscuits
200 g
Assorted

BUY ANY
2
FOR

44⁰⁰

Save R16

More Snack Savings



Bounty, Mars,
Snickers or Twix
Mini Chocolate
Bars
227 g

BUY ANY
2
FOR

100⁰⁰

WITH RewardsCARD



BUY ME TO QUALIFY

Nestlé
Slabs
80 g / 85 g
Assorted

BUY ANY
2
FOR

40⁰⁰

WITH RewardsCARD



Cadbury
Slabs & Bubbly
(excl. Festive Range)
150 g
Assorted

BUY ANY
2
FOR

80⁰⁰

WITH RewardsCARD



Manhattan or
Mister Sweet
Sweets, Jellies,
Gums, Rascals or
Lickrish
100 g / 125 g / 150 g
Assorted

BUY ANY
2
FOR

50⁰⁰

WITH RewardsCARD



De Vries
Ginger Biscuits
200 g

BUY
2
FOR

27⁰⁰

WITH RewardsCARD



Tasty Treats
Bites
Snack Biscuits
250 g
Assorted

26⁹⁹

each

WITH RewardsCARD



AS SEEN ON TV

SAVE EXTRA

BUY ME TO QUALIFY

Simba
Potato Chips
120 g
Assorted

BUY ANY
2
FOR

34⁰⁰

Save R10



SPAR
Flavoured
Potato
Chips
100 g
Assorted

BUY ANY
2
FOR

50⁰⁰

WITH RewardsCARD



Chippa
Naks
135 g
Assorted

BUY ANY
2
FOR

18⁰⁰

WITH RewardsCARD

TOP UP monthly with SPAR Mobile for **ONLY R19** and **UNLOCK MULTIPLE FREE DATA** deals in-store.
Dial *136# (Ts & Cs apply)



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products.

Specials only available at selected **SUPERSPAR** stores in the Eastern Cape from **25 May** up to and including **7 June 2026** while stocks last.

We reserve the right to limit quantities. Prices include VAT.

DEALS TOO GOOD TO PASS UP

BUY ME TO QUALIFY



Monster Energy Drink 500 ml Assorted

BUY ANY 2 FOR

32⁰⁰

WITH RewardsCARD

Cool Savings



Daly's Blended Fruit Squash 1,5 litre Assorted

31⁹⁹ each

WITH RewardsCARD



BUY ME TO QUALIFY

Brookes Oros Squash 2 litre Assorted

38⁹⁹ each

WITH RewardsCARD



Shelford Concentrate Fruit Juice Blend 5 litre Assorted

84⁹⁹ each

WITH RewardsCARD



Appletiser or Grapetiser 1,25 litre Assorted

39⁹⁹ each

WITH RewardsCARD



Refreshhh Carbonated Soft Drink 2 litre Assorted

BUY ANY 2 FOR

22⁰⁰

WITH RewardsCARD



Coca-Cola Original, Light, Sugar Free or Zero Cans (incl. Schweppes Range) 6 x 200 ml

64⁹⁹ per pack

WITH RewardsCARD



Energade Ready to Drink Sports Drink 6 x 500 ml Assorted

69⁹⁹ per pack

WITH RewardsCARD



Rhodes Fruit Juice Nectar Blend 6 x 200 ml Assorted

29⁹⁹ per pack

WITH RewardsCARD

AS SEEN ON TV

BUY ME TO QUALIFY



Liqui-Fruit 100% Fruit Juice Blend 2 litre Assorted

46⁹⁹ each

Save R18



AS SEEN ON TV

SAVE EXTRA

BUY ME TO QUALIFY

Coca-Cola Regular Only 2 litre

BUY ANY 2 FOR

47⁰⁰

Save R9



Bonaqua Still Water 1,5 litre

BUY ANY 2 FOR

26⁰⁰

WITH RewardsCARD



Thirsti Still or Sparkling Water 6 x 500 ml

34⁰⁰ per pack

WITH RewardsCARD



aQuellé Still Spring Water 5 litre

BUY ANY 2 FOR

50⁰⁰

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED



Download now!



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SCORE EVERYDAY WITH Super Savings

AS SEEN ON TV

BUY ME TO QUALIFY

Lifebuoy Hygiene Soap (excl. Charcoal & Natural Range) 175 g Assorted

BUY ANY 2 FOR

30⁰⁰

Save R10

Personal Care Savings



Lux Soap 150 g Assorted

BUY ANY 2 FOR

26⁰⁰

WITH RewardsCARD



Colgate Total Pro Clean Mint, Max White, Charcoal, Gum Care or Whitening 75 ml

49⁹⁹ each

WITH RewardsCARD



Closeup Toothpaste 125 g Assorted

19⁹⁹ each

WITH RewardsCARD



Colgate Herbal, Gel, Maximum Protection or Herbal White Toothpaste 100 ml or Triple Action 150 ml

23⁹⁹ each

WITH RewardsCARD



Colgate Double Action Toothbrush Value Pack 2s

39⁹⁹ each

WITH RewardsCARD



Care By SPAR Body Wash or Shower Gel 500 ml Assorted

35⁹⁹ each

WITH RewardsCARD



Organics Shampoo, 2 in 1 or Conditioner 1 litre Assorted

79⁹⁹ each

WITH RewardsCARD



Shower to Shower Roll On for Men or Women 50 ml Assorted

17⁹⁹ each

WITH RewardsCARD



Dove Anti-Perspirant Deodorant 150 ml Assorted

44⁹⁹ each

WITH RewardsCARD



Dove Body Lotion or Cream 400 ml Assorted

69⁹⁹ each

WITH RewardsCARD



Libresse Maxi Sanitary Pads Assorted 7s / 9s / 10s or Pantyliners 20s Assorted 20s

19⁹⁹ each

WITH RewardsCARD



Lil-Lets Smartfit Tampons 16s / 20s Assorted or Pantyliners 40 + 10 Free Assorted

27⁹⁹ per pack

WITH RewardsCARD



Always Maxi, Ultra or Maxi Slim Sanitary Pads 12s / 14s / 16s / 18s / 20s Assorted

BUY ANY 2 FOR

79⁹⁹

WITH RewardsCARD



Vaseline Cera Glow Body Lotion or Cream Assorted or Body Oil Gel 400 ml Assorted

99⁹⁹ each

WITH RewardsCARD



Always Pantyliners 40s Assorted

BUY ANY 2 FOR

74⁹⁹

WITH RewardsCARD



Twinsaver Tissues 2 Ply 180s Assorted

29⁹⁹ per box

WITH RewardsCARD



Clere Gly-Co-Oil 100 ml Assorted

24⁹⁹ each

WITH RewardsCARD



MPL Hair Oil 125 g Assorted

34⁹⁹ each

WITH RewardsCARD



Old Spice Aerosol Deodorant 150 ml
OR
Shower Gel 400 ml
OR
Stick Deodorant 50 ml
OR
Anti-Perspirant Gel 70 ml Assorted

BUY ANY 2 FOR

99⁰⁰

WITH RewardsCARD



Vaseline Cera-Glow Body Gel Oil 200 ml

139⁹⁹ each

WITH RewardsCARD



Dettol Antiseptic Liquid 750 ml

104⁹⁹ each

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED



Download now!



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Specials only available at selected **SUPERSPAR** stores in the Eastern Cape from **25 May** up to and including **7 June 2026** while stocks last.

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EVERY DEAL'S A GOAL



Johnson's
Baby Wipes
Extra Sensitive
224s
or Gentle All Over
288s

79⁹⁹
per pack

WITH RewardsCARD

Family Essentials



Bioplus
Syrup
Booster
Sachet
10 ml
Assorted

BUY ANY
4
FOR
20⁰⁰
WITH RewardsCARD



Vicks
Active Plus
Wet & Dry
Cough Syrup
100 ml

74⁹⁹
each
WITH RewardsCARD



Grand-pa
Powder
Sticks 38s
or Tablets 76s

99⁹⁹
each
WITH RewardsCARD



Vicks
BabyRub or
VapoRub
45 g / 50 g

65⁹⁹
each
WITH RewardsCARD

Baby Savings



Nestlé
Cerelac
Baby Cereal
200 g
Assorted

32⁹⁹
each
WITH RewardsCARD



Nestlé
Nestum
Baby
Porridge
200 g
Assorted

23⁹⁹
each
WITH RewardsCARD



Nestlé
Nido
3+
Powdered
Milk
900 g

169⁹⁹
each
WITH RewardsCARD



Dove
Cotton
Buds
200s

17⁹⁹
per pack
WITH RewardsCARD

Home & Outdoor Essentials



SPAR
Mega
Roller
Towels
2s
Assorted

44⁹⁹
per pack
WITH RewardsCARD



Energizer
Max Plus
AA or AAA
Batteries
4 + 2 FREE

89⁹⁹
per pack
WITH RewardsCARD



De'fy
Black
Kettle
1,7 litre

349⁹⁹
each
WITH RewardsCARD



SPAR
Charcoal
Briquettes
5 kg

89⁹⁹
each
WITH RewardsCARD



hth
Pool Floater+
1,6 kg

199⁹⁹
each
WITH RewardsCARD



hth
Shock
Treatment
500 g

39⁹⁹
each
WITH RewardsCARD



hth
Granular
Mineralsoft
Pool Chlorine
4 kg

249⁹⁹
each
WITH RewardsCARD



SPAR
Firelighters
12s

21⁹⁹
per pack
WITH RewardsCARD



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products.

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We reserve the right to limit quantities. Prices include VAT.

SCORE MORE. SPEND LESS.

BUY ME TO QUALIFY



Husky Canned Dog Food
775 g Assorted

BUY ANY 2 FOR

70⁰⁰

WITH RewardsCARD

Pet Favourites

AS SEEN ON TV

BUY ME TO QUALIFY



Pamper Cat Food Pouches
12 x 85 g Assorted

119⁹⁹
per box

WITH RewardsCARD



Whiskas Dry Adult Cat Food
2.7 kg Assorted

249⁹⁹
each

WITH RewardsCARD



SPAR Woof Dog Food
8 kg Assorted

149⁹⁹
each

Save R80



Beeno Dog Biscuits or Mallows Bites
500 g / 800 g Assorted

69⁹⁹
each

WITH RewardsCARD

Household Savings

BUY ME TO QUALIFY



Home Care By SPAR Dishwashing Liquid Refill Pouch
750 ml

24⁹⁹
each

WITH RewardsCARD



Domestos Thick Bleach
750 ml Assorted

31⁹⁹
each

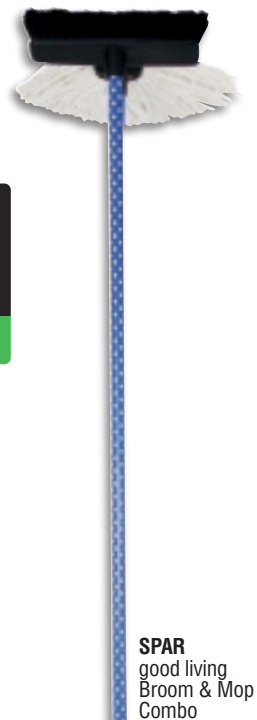
WITH RewardsCARD



Jik Bleach
1,5 litre Assorted

37⁹⁹
each

WITH RewardsCARD



SPAR good living Broom & Mop Combo

69⁹⁹
per set

WITH RewardsCARD



SaveMor Multi-Purpose Soap
500 g

BUY 2 FOR

24⁰⁰

WITH RewardsCARD



Finish Dishwasher Tablets
45s / 50s / 56s Assorted

249⁹⁹
each

WITH RewardsCARD



Airoma Air Freshener
210 ml Assorted

23⁹⁹
each

WITH RewardsCARD



Sunlight 5 in 1 Handwash Powder
2 kg Assorted

54⁹⁹
each

WITH RewardsCARD



Ariel Auto Liquid 2 litre Assorted or Capsules 21s

139⁹⁹
each

WITH RewardsCARD



Sta-Soft Fabric Softener Refill or Concentrate Doy Pack
500 ml Assorted

BUY ANY 2 FOR

60⁰⁰

WITH RewardsCARD



Tuffy Budget Refuse Bags
20s

36⁹⁹
each

WITH RewardsCARD

SPAR Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

Maximum 10 SPAR Rewards deals per product, per customer on all **SAVE EXTRA** products. While stocks last. Ts & Cs apply.

Available at the following SUPERSPAR stores:

- PORT ELIZABETH SUPERSPARS: Bluewater Bay, Despatch, Gelvandale, Hunters Retreat, Mount Pleasant, Newton Park, Our, Summerbreez, Sunridge, Waterfront
- EAST LONDON SUPERSPARS: Amalinda, Crossways, Debi Lee, Gonubie, Nahoon, Nick's Food Berea, Southernwood, Spargs Beacon Bay, Vincent · KNYSNA SUPERSPAR: Knysna
- GEORGE SUPERSPAR: Heather Park, Outeniqua · JEFFREY'S BAY SUPERSPAR: Jeffrey's Bay · ST. FRANCIS BAY SUPERSPAR: Village Square · PORT ALFRED SUPERSPAR: Rosehill · PLETTENBERG BAY: Melville's · UITENHAGE SUPERSPAR: Levyvale, · SEDGFIELD SUPERSPAR: Sedgfield · GRAAF REINET SUPERSPAR: Spandau · HUMANSDORP SUPERSPAR: Village On Main.

Specials only available at selected SUPERSPAR stores in the Eastern Cape from 25 May up to and including 7 June 2026 while stocks last.

We reserve the right to limit quantities. Prices include VAT.

Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!

For more info: www.spar.co.za or Find us on /myspar

SUPERSPAR



tops!

at SPAR

TURN UP EPIC

BRING YOUR OWN MATCH DAY BUNDLES

Bundle deals valid from **11 May to 7 July 2026.**

Pick your bundle and **SWIPE & SAVE** for **EPIC** deals

AS SEEN ON TV

SUPASTRIKA BUNDLES

BUY ALL FOR **599⁰⁰** per combo
WITH Rewards CARD

- Heineken Lager UCL pack 8 x 330ml
- Savanna Premium Dry Cider Handies 6 x 330ml
- 4th Street (Incl. Variants) 5L
- Richelieu Premium International Brandy 750ml



BUY ALL FOR **499⁰⁰** per combo
WITH Rewards CARD

- Old Buck Dry Gin 750ml
- Amstel Radler Handies 6 x 330ml
- J.C. Le Roux Premium Sparkling Wine (Incl. Variants) Cans 6 x 300ml
- Amarula Premium Cream Liqueur (Incl. Variants) 750ml



BUY ALL FOR **399⁰⁰** per combo
WITH Rewards CARD

- Rain Dance (Incl. Variants) 1L
- Castle Lite Cans 6 x 410ml
- Mainstay Spirit Cooler (Incl. Variants) Cans 6 x 440ml
- Captain Morgan Original Spiced Gold Rum 750ml



MVP BUNDLES

BUY ALL FOR **999⁰⁰** per combo
WITH Rewards CARD

- Hennessy VS Cognac 750ml
- Ice Tropez French Wine Cocktail Infused with White Peach Flavour Handies 6 x 275ml
- Red Bull Energy Drink (Incl. Variants) Cans 4 x 250ml
- Appletiser Sparkling Juice (Incl. Variants) 1.25L



BUY ALL FOR **699⁰⁰** per combo
WITH Rewards CARD

- Skyy Vodka (Incl. Variants) 750ml
- Du Toitskloof (Incl. Variants) 3L
- KWV Brandy and Cola Handies 6 x 275ml
- 2 x Devil's Peak Lager Handies 6 x 330ml



PLAYMAKER BUNDLE

BUY 3 FOR **299⁰⁰** WITH Rewards CARD

PICK one from each Squad & unlock EPIC bundle deals



SQUAD 1

- Count Pushkin Premium Imperial Vodka (Incl. Variants) 750ml
- Tang Sours Liqueur (Incl. Variants) 750ml
- Stretton's Premium Spirit Cooler (Incl. Variants) 2L



SQUAD 2

- Black Crown Spirit Cooler (Incl. Variants) Handies 6 x 275ml
- Striped Horse Premium Lager Handies 6 x 330ml
- Kix Spritzer Sparkling Drink (Incl. Variants) Handies 6 x 330ml
- Castle Lager Handies 6 x 330ml
- Amstel Lager Handies 6 x 330ml
- Mainstay Island Fusion (Incl. Variants) Cans 6 x 440ml



SQUAD 3

- Durbanville Hills (Incl. Variants) 750ml
- Robertson Winery Mimosa Orange or Berry Infused Sparkling Spritzer (Incl. Non-Alcoholic) 750ml
- Annabelle Cuvée Lightly Sparkling Wine (Incl. Variants) Cans 6 x 250ml

Switch to **SPAR Mobile** now and get guaranteed **FREE DATA** in-store when you buy any participating product. Ts & Cs apply. Visit www.sparmobile.co.za for more information.

DELIVERED **2U**



Product availability may vary by store. While stocks last.

#NO18 [aware.org.za](http://www.aware.org.za)

Not For Persons Under The Age Of 18.

PHUZA ORIGHT

Deals valid from **25 May** to **7 June 2026**.

WINE KULCHA

at **tops!**
at SPAR



- | | | | | |
|---|---|---|---|--|
|  <p>114⁹⁹
WITH Rewards CARD</p> <p>Neil Ellis
West Coast
Sauvignon Blanc
750ml</p> |  <p>114⁹⁹
WITH Rewards CARD</p> <p>Tokara
Sauvignon Blanc
750ml</p> |  <p>79⁹⁹
each
WITH Rewards CARD</p> <p>Laborie
Sauvignon Blanc,
Chardonnay,
Chenin Blanc
or Rosé
750ml</p> |  <p>109⁹⁹
each
WITH Rewards CARD</p> <p>Warwick
The First Lady
Sauvignon Blanc
or Chardonnay
750ml</p> |  <p>109⁹⁹
each
WITH Rewards CARD</p> <p>Fat Bastard
Chardonnay,
Sauvignon Blanc,
Rosé or Chenin Blanc
750ml</p> |
|  <p>99⁹⁹
WITH Rewards CARD</p> <p>Warwick
The First Lady
Dry Rosé
750ml</p> |  <p>219⁹⁹
WITH Rewards CARD</p> <p>Meerlust
Red
750ml</p> |  <p>139⁹⁹
each
WITH Rewards CARD</p> <p>Fat Bastard
Shiraz, Cabernet
Sauvignon, Pinotage,
Merlot or
Golden Reserve
750ml</p> |  <p>119⁹⁹
each
WITH Rewards CARD</p> <p>Warwick
The First Lady
Cabernet Sauvignon
or Pinotage
750ml</p> |  <p>84⁹⁹
each
WITH Rewards CARD</p> <p>Laborie
Merlot, Cabernet
Sauvignon, Shiraz,
Merlot Cabernet Sauvignon
or Pinotage
750ml</p> |
|  <p>139⁹⁹
WITH Rewards CARD</p> <p>Diemersfontein
Pinotage
750ml</p> |  <p>84⁹⁹
each
WITH Rewards CARD</p> <p>Du Toitskloof
Selected
Shiraz, Merlot, Pinotage,
Cabernet Sauvignon
or Sandsteen
750ml</p> |  <p>109⁹⁹
each
WITH Rewards CARD</p> <p>Nederburg
Winemasters
Cabernet Sauvignon,
Edelrood, Merlot,
Pinotage or Shiraz
750ml</p> |  <p>99⁹⁹
each
WITH Rewards CARD</p> <p>Annabelle
Cuvée
Sparkling Wine
(Incl. Variants)
750ml</p> |  <p>129⁹⁹
WITH Rewards CARD</p> <p>Andiamo
Orange
Aperitivo Spritz
750ml</p> |

- | | | |
|--|---|---|
| <p>Exclusive to tops!
at SPAR</p>  <p>69⁹⁹
each
WITH Rewards CARD</p> <p>Olive Brook
Sauvignon Blanc, Chenin Blanc,
Chardonnay, Shiraz/Cabernet
Red Blend, Pinotage, Merlot,
Cabernet Sauvignon/Merlot,
Malbec, Cinsault, Shiraz,
Cabernet Sauvignon,
Moscato White
or Moscato Rosé
750ml</p> | <p>Exclusive to tops!
at SPAR</p>  <p>130⁰⁰
WITH Rewards CARD</p> <p>Shortwood
White, Red
or Rosé
750ml</p> | <p>Exclusive to tops!
at SPAR</p>  <p>129⁹⁹
each
WITH Rewards CARD</p> <p>Carnival
Natural Sweet Red,
Dry Red, Dry White,
Natural Sweet White or
Natural Sweet Rosé
3L</p> |
|--|---|---|

tops! TURN UP EPIC WITH A WINE THAT RISES TO THE OCCASION

#NO18 aware.org
www.aware.org.za

Not For Persons Under The Age Of 18.

PHUZA
ORIGHT

WHISKY KULCHA

at **tops!**



349⁹⁹

WITH Rewards CARD

Jameson
Triple Distilled
Blended
Irish Whiskey
750ml



399⁹⁹

WITH Rewards CARD

Jameson
Triple Triple
Distilled
Irish Whiskey
750ml



179⁹⁹

WITH Rewards CARD

Firstwatch
Extra Fine
Whisky
750ml



299⁹⁹

WITH Rewards CARD

Jack Daniel's
No.7
Tennessee Whiskey
(Incl. Variants)
750ml



SAVE EXTRA

Three Ships
Select
Whisky
750ml and
Schwebbes
(Incl. Variants)
1L

+250 MB FREE DATA mobile

199⁰⁰

WITH Rewards CARD

BUY BOTH FOR



Chivas Regal
12 Year Old
Blended Scotch
Whisky
750ml

359⁹⁹

WITH Rewards CARD



SAVE EXTRA

Glenfiddich
15 Year Old
Single Malt Whisky
750ml and
Appletiser
(Incl. Variants)
1.25L

999⁰⁰

WITH Rewards CARD

BUY BOTH FOR



GET A **R500** SPAR⁺ SHOPPING VOUCHER with every **The Glenlivet** combo purchased during the promotion period. Ts & Cs apply.

SAVE EXTRA

The Glenlivet
Single Malt
Scotch Whisky
Family
750ml

3499⁰⁰

WITH Rewards CARD

BUY ALL FOR

- 1. The Glenlivet**
Founder's Reserve Single Malt
Scotch Whisky 750ml **R479,99** WITH Rewards CARD
- 2. The Glenlivet**
12 Year Old Single Malt
Scotch Whisky 750ml **R579,99** WITH Rewards CARD
- 3. The Glenlivet**
15 Year Old Speyside Single Malt
Scotch Whisky 750ml **R899,99** WITH Rewards CARD
- 4. The Glenlivet**
18 Year Old Speyside Single Malt
Scotch Whisky 750ml **R1799,99** WITH Rewards CARD

INTRODUCING

COGNAC KULCHA

at **tops!**



2999⁹⁹

WITH Rewards CARD

Hennessy
X.O
Cognac
750ml



899⁹⁹

WITH Rewards CARD

Hennessy
V.S.O.P
Cognac
750ml



469⁹⁹

WITH Rewards CARD

Meukow
VS
De Luxe
Cognac
750ml



499⁰⁰

WITH Rewards CARD

Honor
VS
Cognac
750ml

SAVE EXTRA



499⁰⁰

WITH Rewards CARD

Martell
VS
Cognac
750ml and
Red Bull
Energy Drink
Cans
4 x 250ml



849⁹⁹

WITH Rewards CARD

Martell
Blue Swift
Cognac
750ml



799⁹⁹

WITH Rewards CARD

D'ussé
VSOP
Cognac
750ml



899⁹⁹

WITH Rewards CARD

Courvoisier
VSOP
Cognac
750ml



899⁹⁹

WITH Rewards CARD

Rémy Martin
V.S.O.P
Cognac
750ml



599⁹⁹

WITH Rewards CARD

Rémy Martin
VS
Cognac
750ml



1399⁹⁹

WITH Rewards CARD

Rémy Martin
1738
Cognac
750ml



164⁹⁹

WITH Rewards CARD

Wellington
VO
Brandy
750ml



189⁹⁹

WITH Rewards CARD

KWV
3 Year Old
Brandy
750ml

+250 MB FREE DATA mobile



319⁹⁹

WITH Rewards CARD

KWV
VS
Signature Release
Potstill Brandy
750ml



219⁹⁹

WITH Rewards CARD

Klipdrift
Premium
Brandy
750ml

tops!

TURN UP EPIC

SWIPE



SAVE!

EVERYDAY DEALS!

#NO18 aware.org
www.aware.org.za

Not For Persons Under The Age Of 18.

PHUZA ORIGHT

COCKTAIL KULCHA

at **tops!**

+200 MB FREE DATA
154⁹⁹
 WITH Rewards CARD
Russian Bear
 Vodka
 (Incl. Flavours)
 750ml

289⁹⁹
 WITH Rewards CARD
Absolut
 Vodka
 (Incl. Flavours)
 750ml

209⁹⁹
 WITH Rewards CARD
Red Heart
 Original
 Dark Rum
 750ml

169⁹⁹
 WITH Rewards CARD
Gordon's
 London Dry Gin
 (Incl. Variants)
 750ml

429⁹⁹
 WITH Rewards CARD
Inverroche
 Gin
 (Incl. Variants)
 750ml

149⁹⁹
 WITH Rewards CARD
Ponchos
 Rosado
 750ml

259⁹⁹
 WITH Rewards CARD
Olmeqa
 Gold or Silver
 Tequila
 750ml

349⁹⁹
 WITH Rewards CARD
El Jimador
 Reposado
 or Blanco
 Tequila
 750ml

419⁹⁹
 WITH Rewards CARD
Olmeqa
 Altos
 Tequila
 (Incl. Variants)
 750ml

999⁹⁹
 WITH Rewards CARD
Casamigos
 Reposado
 Tequila
 750ml

309⁹⁹
 WITH Rewards CARD
Jägermeister
 The Herbal Liqueur
 750ml

119⁹⁹
 WITH Rewards CARD
Ciao
 Spirit Cooler
 (Incl. Variants)
 2L

BUY ANY 2 FOR
80⁰⁰
 WITH Rewards CARD
Appletiser or
Grapetiser
 100% Sparkling Juice
 1.25L

BUY ANY 3 FOR
60⁰⁰
 WITH Rewards CARD
Coca-Cola or
Schweppes
 (Incl. Variants)
 1L

Coca-Cola or
Schweppes
 (Incl. Variants)
 Cans
 6 x 200ml
69⁹⁹
 WITH Rewards CARD

FIND YOUR KULCHA

at **tops!**

BUY ANY 2 FOR
240⁰⁰
 WITH Rewards CARD
Red Square
 Energising Vodka
 (Incl. Variants)
 Handies
 6 x 275ml

BUY ANY 2 FOR
220⁰⁰
 WITH Rewards CARD
Bernini
 Spritzer
 (Excl. Mimosa)
 Cans
 6 x 500ml

89⁹⁹
 WITH Rewards CARD
Chateau Del Rei
 Sweet Red, Sweet White
 or Sweet Rosé
 Cans
 6 x 250ml

SAVE EXTRA
BUY ALL FOR
200⁰⁰
 WITH Rewards CARD
2 x Brutal Fruit
 Spritzer
 (Incl. Variants)
 Handies 6 x 275ml **PLUS**
Brutal Fruit
 Ruby Apple 0%
 Cans
 6 x 300ml

149⁹⁹
 WITH Rewards CARD
Savanna
 Premium Dry
 Cider
 Cans
 6 x 500ml

BUY ANY 2 FOR
190⁰⁰
 WITH Rewards CARD
Hunter's
 Real Dry or Gold
 Cider
 Handies
 6 x 330ml

BUY 2 FOR
199⁰⁰
 WITH Rewards CARD
Amstel
 Premium Lager
 Cans
 6 x 500ml

Try me
+200 MB FREE DATA
BUY ANY 2 FOR
170⁰⁰
 WITH Rewards CARD
Castle Lite
 Original or Draught
 Cans
 6 x 500ml

+200 MB FREE DATA
BUY 2 FOR
170⁰⁰
 WITH Rewards CARD
Castle
 Double Malt
 Lager
 Cans
 6 x 500ml

+150 MB FREE DATA
BUY 2 FOR
150⁰⁰
 WITH Rewards CARD
Stella Artois
 Premium Lager
 Handies
 6 x 330ml

BUY ANY 2 FOR
160⁰⁰
 WITH Rewards CARD
Devil's Peak
 Lager or Lite
 Handies
 6 x 330ml

+200 MB FREE DATA
BUY 2 FOR
160⁰⁰
 WITH Rewards CARD
Flying Fish
 Premium Beer
 Pressed Lemon
 (Excl. Apple)
 Handies
 6 x 330ml

+200 MB FREE DATA
BUY 2 FOR
170⁰⁰
 WITH Rewards CARD
Carling Black Label
 Cans
 6 x 500ml

BUY ANY 2 FOR
190⁰⁰
 WITH Rewards CARD
Heineken
 Premium
 Lager or Silver
 Handies
 6 x 330ml

0% DRINKS
100% VIBES
99⁹⁹
 WITH Rewards CARD
Heineken
 Premium
 0.0%
 Non-Alcoholic
 Handies
 6 x 330ml

109⁹⁹
 WITH Rewards CARD
Savanna
 0.0%
 Alcohol Free
 Handies
 6 x 330ml

SAVE EXTRA
Try me
BUY 4 FOR
60⁰⁰
 WITH Rewards CARD
Red Bull
 The Winter Edition
 Fuji Apple-Ginger
 Energy Drink
 Cans
 250ml

SAVE EXTRA
BUY ANY 2 FOR
100⁰⁰
 WITH Rewards CARD
Red Bull
 Energy Drink
 (Incl. Variants)
 Cans
 4 x 250ml

TBWAlCoastal116957SEC3694\ EASTERN CAPE



Product availability
 may vary by store.
 While stocks last.

For your nearest TOPS at SPAR store, phone our share call number 0860 31 3141 or visit our website: www.topsatspar.co.za.

Specials available at all TOPS at SPAR stores in the Eastern Cape from 25 May up to and including 7 June 2026, while stocks last. We reserve the right to limit quantities. Price and product availability may vary by region. Not available in Mthatha, Western Cape or KwaZulu-Natal. In the event that an error occurs in an advertisement, or incomplete information is printed, a notice will be displayed in-store with the correct details. Prices include VAT. No traders please. The advertised lines are only available at TOPS at SPAR stores.



Not For Persons Under The Age Of 18.



Super Savings



Ts & Cs apply. See in-store for details.

AS SEEN ON TV

SAVE EXTRA

200 G + 30 G EXTRA*

BRIT 1848 JACOBS KRÖNUNG SIGNATURE

JACOBS KRÖNUNG

JACOBS Krönung Coffee Jar or Refill Pack (excl. Decaf) 200 g / 230 g

159⁹⁹ each

Save R40

BUY ME TO QUALIFY

SPAR REFINED WHITE SUGAR

SPAR Refined White Sugar 2,5 kg

56⁹⁹ each

WITH RewardsCARD

BUY ME TO QUALIFY

FROZEN CHICKEN

MIXED PORTIONS WITH A BRINE BASED MIXTURE

SPAR IQF Frozen Chicken Mixed Portions 5 kg

199⁹⁹ each

WITH RewardsCARD

6x1L

Everfresh HIGH IN VITAMIN D

parmalat

full cream milk

Parmalat Everfresh Milk 6 x 1 litre Assorted

94⁹⁹ per pack

WITH RewardsCARD

BUY ME TO QUALIFY

CHOICE SALTED BUTTER

SPAR Butter Brick 500 g

64⁹⁹ each

WITH RewardsCARD

BUY ME TO QUALIFY

TASTIC

LONG GRAIN PARBOILED RICE

Perfect Every Time

Tastic Parboiled Rice 2 kg

29⁹⁹ each

WITH RewardsCARD

BUY ME TO QUALIFY

SAVE EXTRA

SPAR SUNFLOWER OIL

SPAR Sunflower or Canola Oil 2 litre

69⁹⁹ each

WITH RewardsCARD

BUY ME TO QUALIFY

Baby Soft Fresh White

SOFT WAVE TEXTURE

SOUTH AFRICA'S NO.1 CLEAN

Baby Soft Toilet Rolls 2 Ply 350 sheets (incl. Quilt) 18s

129⁹⁹ per pack

Save R49

New & improved

ANTI-RASH SHIELD Aloe

Pampers ultra skin comfort pants

Pampers Active Baby Disposable Nappies or Pants Jumbo Pack Assorted Incl. Premium Care Value Pack Nappies or Pants Assorted

239⁹⁹ per pack

WITH RewardsCARD

SEC3589

SUPERSPAR



Enjoy Super Succulent Savings



SPAR Bakery
Vanilla
Cupcakes
6s

45⁹⁹ per tray



SPAR Bakery
Dessert
Cakes
700 g

85⁹⁹ each



SPAR Bakery
White
Toaster Bread
700 g

16⁹⁹ per loaf

WITH Rewards CARD



Your Butcher
Beef
Rump or Sirloin
Steak

179⁹⁹ per kg



Red Crest Farms
Fresh Chicken
Braai Pack
5 Piece

64⁹⁹ per kg



Pork
Sausages

84⁹⁹ per kg



Get mouthwatering meat every time when you choose **Your Butcher**. Locally sourced from a single origin, to ensure **great quality** at an affordable price.



Scan for recipe



BUTCHERY SPECIALS AVAILABLE FROM 25 - 31 MAY 2026

PORK PRODUCTS ONLY AVAILABLE AT SELECTED STORES



Your Butcher
by SPAR
Chicken Espetadas
Assorted

89⁹⁹ per kg



SPAR
freshline
Soft
Citrus
1.2 kg

29⁹⁹ per pack



SPAR
freshline
Large
Pineapple

16⁹⁹ each



SPAR
freshline
Oranges
1.5 kg

21⁹⁹ per pack



SPAR
freshline
Seasonal
Veg for 2
Assorted
300 g

19⁹⁹ per pack



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products.

Specials only available at selected **SUPERSPAR** stores in the Eastern Cape from **25 May** up to and including **7 June 2026** while stocks last.

We reserve the right to limit quantities. Prices include VAT.

THE WINNING FORMATION



Koo Baked Beans in Tomato Sauce 400 g

BUY 2 FOR

30⁰⁰

Save R8

Pantry Savings

COMBO DEAL

White Star Super Maize Meal 2,5 kg
+ Spekko Parboiled Rice 2 kg
+ Sasko Cake Wheat Flour 2,5 kg

BUY ALL FOR **99⁰⁰** per combo
WITH RewardsCARD

Tastic Basmati Rice 1 kg

66⁹⁹ each
WITH RewardsCARD

Snowflake Cake Wheat Flour 2,5 kg

36⁹⁹ each
WITH RewardsCARD

T Master Mashed Potato 100 g Assorted

22⁹⁹ each
WITH RewardsCARD

Imbo Brown Lentils 500 g

13⁹⁹ each
WITH RewardsCARD

Imbo Soup Mix 500 g

12⁹⁹ each
WITH RewardsCARD

Imbo Red Speckled Beans 500 g

21⁹⁹ each
WITH RewardsCARD

Snowflake Self Raising Wheat Flour 500 g

14⁹⁹ each
WITH RewardsCARD

Rhodes Tomato & Onion Mix 410 g

16⁹⁹ each
WITH RewardsCARD

Bull Brand Curried, Savoury, Bolognese, Chilli or Chicken Mince in Vegetable 400 g

BUY ANY 2 FOR **54⁰⁰**
WITH RewardsCARD

Koo Chakalaka 410 g Assorted

21⁹⁹ each
WITH RewardsCARD

SPAR Light Meat Shredded Tuna in Water or Oil 170 g

BUY ANY 2 FOR **38⁰⁰**
WITH RewardsCARD

Snowflake Easy Mix 500 g Assorted

19⁹⁹ each
WITH RewardsCARD

BUY ME TO QUALIFY

Nola Mayonnaise Assorted or Salad Dressing 750 g / 780 g

39⁹⁹ each
WITH RewardsCARD

AS SEEN ON TV

All Gold Tomato Sauce 700 ml

BUY ME TO QUALIFY

34⁹⁹ each
Save R7

Kellogg's Instant Noodles (incl. Stir Fry & Migoreng) 5 pack

BUY ANY 2 FOR **60⁰⁰**
WITH RewardsCARD

Eezee Pasta Screws, Elbows, Macaroni, Penne or Spaghetti 500 g

BUY ANY 2 FOR **25⁰⁰**
WITH RewardsCARD

Clover Condensed Milk 385 g or Caramel Double Cream Dessert 360 g

34⁹⁹ each
WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED



Download now!



Maximum 10 deals per customer on all **SAVE EXTRA** products.

Specials only available at selected **SUPERSPAR** stores in the Eastern Cape from **25 May** up to and including **7 June 2026** while stocks last.

We reserve the right to limit quantities. Prices include VAT.

SAVE LIKE A SUPERFAN

BUY ME TO QUALIFY



Bokomo Weet-Bix 900 g

49⁹⁹ each

WITH RewardsCARD

Breakfast Savings



Bokomo Traditional Oats 1 kg

34⁹⁹ each

WITH RewardsCARD



Kellogg's Corn Flakes 1 kg

72⁹⁹ each

Save R12



Kellogg's Coco Pops or Froot Loops or Rice Krispies Assorted or Crunchers 340 g / 350 g

52⁹⁹ each

WITH RewardsCARD



Kellogg's All Bran Flakes 1 kg

79⁹⁹ each

WITH RewardsCARD



Kellogg's Granola Nutsy or Tropical Burst 450 g

59⁹⁹ each

WITH RewardsCARD



Nescafé Ricoffy Tin 750 g or Value Pack 800 g (excl. Decaf)

129⁹⁹ each

Save R39



Nescafé Cappuccino Sticks Assorted or Kit Kat Mocha Instant Coffee 8s / 10s

125⁰⁰

WITH RewardsCARD



SPAR Filter Coffee or Beans 250 g Assorted

99⁹⁹ each

WITH RewardsCARD



Nestlé Hot Chocolate Jar 500 g or Doy Pack 450 g

99⁹⁹ each

WITH RewardsCARD



Tetley Green Tea Assorted, Earl Gray, Peach & Orange or Lemon Tea 20s

16⁹⁹ per pack

WITH RewardsCARD



Joko Loose Leaf African Blend Tea 250 g

54⁹⁹ per pack

WITH RewardsCARD



Joko Tagless Tea Bags 100s

54⁹⁹ per pack

WITH RewardsCARD



Glen Rooibos Tagless Teabags 80s

34⁹⁹ per pack

WITH RewardsCARD



Cremora Coffee Creamer 750 g

49⁹⁹ each

Save R20



SPAR Rusk Butter Milk Assorted 450 g / 500 g

47⁹⁹ each

WITH RewardsCARD



Cani Rusk Assorted 450 g / 500 g

59⁹⁹ each

WITH RewardsCARD



SPAR Smooth Apricot or Mixed Fruit Jam 900 g

39⁹⁹ each

WITH RewardsCARD



Yum Yum Peanut Butter Assorted (incl. Dreams Range) 380 g / 390 g

39⁹⁹ each

WITH RewardsCARD

Spice Up Your Meals



Robertson's Spice Refill (excl. Black Pepper) 64 g / 80 g / 84 g / 89 g / 100 g

32⁰⁰

WITH RewardsCARD



Ina Paarman's Stock, Gravy or Sauce Powder 150 g or Concentrate Liquid 8s Assorted

39⁹⁹ each

WITH RewardsCARD



Royco Dry Cook-in-Sauce, Cook & Coat or Bakes Assorted 37 g / 38 g / 40 g / 41 g / 42 g / 44 g / 48 g / 50 g / 54 g / 55 g

56⁰⁰

WITH RewardsCARD

SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all SAVE EXTRA products.

Specials only available at selected SUPERSPAR stores in the Eastern Cape from 25 May up to and including 7 June 2026 while stocks last.

We reserve the right to limit quantities. Prices include VAT.

EVERYONE SCORES



SPAR Signature Selection Light Meat Shredded Tuna in Vegetable Broth 150 g

BUY 2 FOR

38⁰⁰

WITH RewardsCARD

Special Selections



SPAR Creamy Dip 175 g Assorted

23⁹⁹ each

WITH RewardsCARD



Lancewood Medium Fat Cream Cheese 230 g Assorted

49⁹⁹ each

WITH RewardsCARD



Clover Square Cream Cheese 200 g

44⁹⁹ each

WITH RewardsCARD

Healthy Savings



Canderel Sweetener Sachet Sticks 100s

62⁹⁹ each

WITH RewardsCARD



Canderel Chocolate Slab 100 g Assorted

59⁹⁹ each

WITH RewardsCARD



SPAR Long Life UHT Process Almond Assorted, Oat or Soy Milk 1 litre

34⁹⁹ each

WITH RewardsCARD



SPAR Lactose Free Full Cream or 2% Low Fat Milk 1 litre

BUY ANY 2 FOR

38⁰⁰

WITH RewardsCARD



Fry's Plant Based Crumbed Chicken Popcorn 300 g, Burgers Assorted 320 g, Nuggets 380 g, Sausages 500 g or Schnitzel 320 g

54⁹⁹ each

WITH RewardsCARD



DISCOVER BETTER EVERY DAY



SPAR Signature Selection Chilli Crunch 125 g

59⁹⁹ each

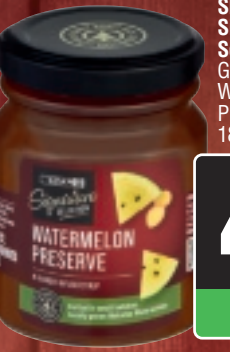
WITH RewardsCARD



SPAR Signature Selection Green Fig or Watermelon Preserve 180 g

46⁹⁹ each

WITH RewardsCARD



34⁹⁹ each

WITH RewardsCARD

SPAR Signature Selection Pasta Sauce 350 g Assorted



SPAR Signature Selection Honey 340 g Assorted

72⁹⁹ each

WITH RewardsCARD

GET A FREE BALL



HOW TO QUALIFY:

SHOP

Buy any 3 participating products and spend R650 or more.

SWIPE

Swipe your SPAR Rewards card.

From 11 May - 7 July 2026. Ts & Cs apply.

SHOP, SWIPE & SAVE

LOVE IT? SPAR GETS IT DELIVERED



Download now!



Maximum 10 deals per customer on all SAVE EXTRA products.

Specials only available at selected SUPERSPAR stores in the Eastern Cape from 25 May up to and including 7 June 2026 while stocks last.

We reserve the right to limit quantities. Prices include VAT.