

Win with Super Savings!

AS SEEN ON TV

SAVE EXTRA IN-STORE ONLY

BUY ME TO ENTER

SPAR Carbonated Soft Drink 2 litre Assorted

BUY ANY 2 FOR **22⁰⁰**

Save R5

Treat Time Favourites

SPAR Sweets, Gums or Jellies 125 g Assorted

19⁹⁹ each

WITH RewardsCARD

Beacon Maynards Sweets, Jellies, Gums or All Sorts Mini Liquorice 60 g / 75 g Assorted

BUY ANY 4 FOR **36⁰⁰**

WITH RewardsCARD

M & M's Chocolate Candy 45 g Assorted

BUY ANY 2 FOR **30⁰⁰**

WITH RewardsCARD

Nestlé Kit Kat, Aero or Milky Bar Chocolate Slab 80 g / 85 g Assorted

BUY ANY 2 FOR **42⁰⁰**

WITH RewardsCARD

Mars, Twix or Snickers Chocolate Bar 50 g / 51 g

BUY ANY 2 FOR **30⁰⁰**

WITH RewardsCARD

Bakers Topper Flavoured Cream Biscuits 125 g Assorted

11⁹⁹ each

WITH RewardsCARD

AS SEEN ON TV

SAVE EXTRA IN-STORE ONLY

BUY ME TO ENTER

Bakers Marie Biscuits 200 g Assorted

BUY ANY 2 FOR **33⁰⁰**

Save R11

Future Life Energy Bar 38 g Assorted

BUY ANY 2 FOR **24⁰⁰**

WITH RewardsCARD

Willards Flings Original Maize Snack or Cheese Curis Assorted 150 g

BUY ANY 2 FOR **42⁰⁰**

WITH RewardsCARD

SPAR 100% Fruit Juice Blend 6 x 200 ml Assorted

46⁹⁹ per pack

WITH RewardsCARD

Super C Glucose Sparkling Drink 500 ml Assorted

BUY ANY 2 FOR **18⁰⁰**

WITH RewardsCARD

aQuellé Sparkling Flavoured Water 500 ml Assorted

BUY ANY 2 FOR **16⁰⁰**

WITH RewardsCARD

Simba Potato Chips 120 g Assorted

BUY ANY 2 FOR **34⁰⁰**

WITH RewardsCARD

Rhodes 100% Fruit Juice Blend 1 litre Assorted

24⁹⁹ each

WITH RewardsCARD

BUY ME TO ENTER

SPAR Smoothie Drink 1 litre Assorted

BUY ANY 2 FOR **25⁰⁰**

WITH RewardsCARD

BUY ME TO ENTER

Energade Ready to Drink Sports Drink 500 ml Assorted

BUY ANY 2 FOR **24⁰⁰**

WITH RewardsCARD

Halo Still Water 5 litre

BUY 2 FOR **35⁰⁰**

WITH RewardsCARD

Tsitsikamma Water Still or Sparkling 6 x 500 ml

34⁰⁰ each

WITH RewardsCARD

Coca Cola Regular Only 1,5 litre

BUY 2 FOR **36⁰⁰**

WITH RewardsCARD

Lipton Ice tea 1,5 litre Assorted

BUY ANY 2 FOR **50⁰⁰**

WITH RewardsCARD

SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all SAVE EXTRA products.

Specials only available at selected SUPERSPAR stores in the Eastern Cape from 8 April up to and including 21 April 2026 while stocks last.

We reserve the right to limit quantities. Prices include VAT.

Super savings super Winnings!



OMO
Hand Wash
Powder
2 kg
Assorted

59⁹⁹
each

WITH RewardsCARD

Household Essential Savings



Twinsaver
Mini's
Toilet Tissue
1 Ply
300 Sheets
8s

39⁹⁹
per pack

WITH RewardsCARD

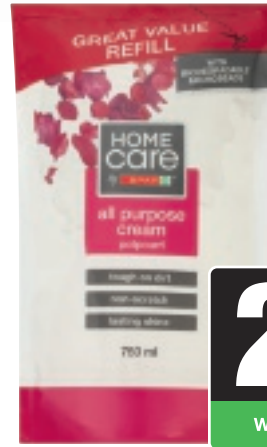


Home Care
By SPAR
Thin
Bleach
750 ml
Assorted

BUY ANY
2
FOR

32⁰⁰

WITH RewardsCARD



Home Care
By SPAR
All Purpose
Cream
Refill Pouch
750 ml
Assorted

22⁹⁹
each

WITH RewardsCARD



Comfort
Fabric Conditioner
Value Pack
800 ml
Assorted

42⁹⁹
each

WITH RewardsCARD



Defy
1750W
Steam
Iron

199⁹⁹
each

WITH RewardsCARD



Garbie
Heavy Duty 10s
or Refuse Bags 20s

36⁹⁹
each

WITH RewardsCARD



Fastkill
Insecticide
300 ml
Assorted

34⁹⁹
each

WITH RewardsCARD



Home Care
By Spar
Terry
Dish Swab

14⁹⁹
each

WITH RewardsCARD



Domestos
Power Foam
Spray
450 ml
Assorted

45⁹⁹
each

Save R14

Back to School Savings



SPAR
goodliving
White Candles
6s

26⁹⁹
per pack

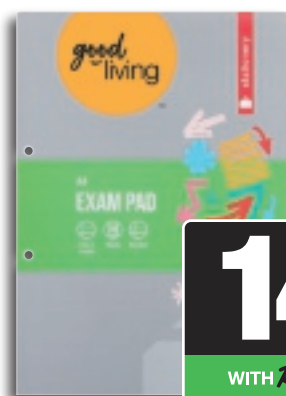
WITH RewardsCARD



SPAR
goodliving
Opal 9W
A60
Bulb
Assorted

15⁹⁹
each

WITH RewardsCARD



SPAR
goodliving
A4
Exam Pad
100 Pages

14⁹⁹
each

WITH RewardsCARD



Staedtler
Traditional Pencil
3s

24⁹⁹
per pack

WITH RewardsCARD



Marlin
Retractable
Wax
Crayons
12s

49⁹⁹
per pack

WITH RewardsCARD

Pet Care Savings



SPAR
pro-balance
Cat Food
in Gravy
85 g
Assorted

BUY ANY
3
FOR

24⁰⁰

WITH RewardsCARD



Vitagen
Dog Food
6 kg / 8 kg
Assorted

199⁹⁹
each

WITH RewardsCARD



Typek
A4
Ream
Paper
500 sheets

69⁹⁹
per pack

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED



Download now!



Maximum 10 deals per customer on all **SAVE EXTRA** products.

Specials only available at selected **SUPERSPAR** stores in the Eastern Cape from **8 April** up to and including **21 April 2026** while stocks last.

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Super Savings

SHOP SWIPE SAVE
WIN A CAR
Competition ends 10 May 2026.



Cuddlers Gold Value Pack Nappies or Pants Assorted

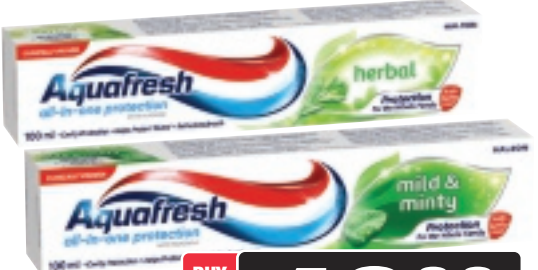
129⁹⁹ per pack
WITH RewardsCARD

Family Savings



Sensodyne
Clean & Fresh,
Fresh Mint, Gentle Whitening,
Natural White,
Multi Care Original or
Herbal Toothpaste
(incl. Parodontax Range)
75 ml

56⁹⁹ each
WITH RewardsCARD



Aquafresh
Fresh & Mint, Herbal,
Lemon Mint or
Mild & Minty
100 ml

BUY ANY 2 FOR 40⁰⁰
WITH RewardsCARD



Johnson's
Baby Soap
175 g
Assorted

16⁹⁹ each
WITH RewardsCARD



Shower to Shower
Roll On
for Men or
Women
50 ml
Assorted

16⁹⁹ each
WITH RewardsCARD



Care by SPAR
Soap
175 g
Assorted

BUY ANY 2 FOR 24⁰⁰
WITH RewardsCARD



Lux
Soap
150 g
Assorted

BUY ANY 2 FOR 26⁰⁰
WITH RewardsCARD



SPAR
Germex
Hygiene
Soap
175 g
Assorted

BUY ANY 2 FOR 24⁰⁰
WITH RewardsCARD



Playboy or Playgirl
Deodorant
for Men or
Women
90 ml / 125 ml
/ 150 ml
Assorted

32⁹⁹ each
WITH RewardsCARD



Organics
Shampoo,
Conditioner or
Kids Range
300 ml / 400 ml
Assorted

54⁹⁹ each
WITH RewardsCARD



Clere
Body Lotion or
Cream
300 ml / 400 ml
Assorted

27⁹⁹ each
WITH RewardsCARD



Care by SPAR
Facial Tissues
200s
Assorted

26⁹⁹ each
WITH RewardsCARD



Lil-Lets
Everyday
Pantyliners
50s
Assorted

28⁹⁹ per pack
WITH RewardsCARD



SPAR
Petals
Multi Pack
Sanitary Pads
& Pantyliners
18s

25⁹⁹ per pack
WITH RewardsCARD



Lil-Lets
Smartfit
Tampons
16s / 20s
Assorted

28⁹⁹ each
WITH RewardsCARD



Kotex
Normal or
Super
Tampons
16s

28⁹⁹ each
WITH RewardsCARD

BUY DATA, AIRTIME & SOCIAL BUNDLES

PAY YOUR BILLS IN A FLASH
DSEV AVON

BUY & ENJOY
Pre-paid entertainment vouchers
NETFLIX SHOWMAX

TOP UP YOUR CHANCES
betWay
HOLLYWOOD

TOP UP PRE-PAID ELECTRICITY

BOOM!
Doing more with your money at SPAR

Experience a world of easy top-up options. Now available in-store only at SPAR

Ts & Cs apply. For updated terms and conditions, please go to www.spar.co.za



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
Maximum 10 SPAR Rewards deals per product, per customer on all SAVE EXTRA products. While stocks last. Ts & Cs apply.

Available at the following SUPERSPAR stores:

- PORT ELIZABETH SUPERSPARS: Bluewater Bay, Despatch, Gelvandale, Hunters Retreat, Mount Pleasant, Newton Park, Our, Summerbreezy, Sunridge, Waterfront
- EAST LONDON SUPERSPARS: Amalinda, Crossways, Debi Lee, Gonubie, Nahoon, Nick's Food Berea, Southernwood, Spargs Beacon Bay, Vincent · KNYSNA SUPERSPAR: Knysna
- GEORGE SUPERSPAR: Heather Park, Outeniqua · JEFFREY'S BAY SUPERSPAR: Jeffrey's Bay · ST. FRANCIS BAY SUPERSPAR: Village Square · PORT ALFRED SUPERSPAR: Rosehill · PLETTENBERG BAY: Melville's · UITENHAGE SUPERSPAR: Levyvale,
- DE AAR SUPERSPAR: Rosepark · SEDGFIELD SUPERSPAR: Sedgfield · CRADOCK SUPERSPAR: Tams · GRAAF REINET SUPERSPAR: Spandau · HUMANSDORP SUPERSPAR: Village On Main.

Specials only available at selected SUPERSPAR stores in the Eastern Cape from 8 April up to and including 21 April 2026 while stocks last. We reserve the right to limit quantities. Prices include VAT.

Let's chat 0860 313 141
Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on /myspar



Super Savings

SHOP SWIPE SAVE

WIN A CAR



Competition ends 10 May 2026.
T & Cs apply.

SPAR

CAKE WHEAT FLOUR

2,5 kg

BUY ME TO ENTER

SPAR

SUPER MAIZE MEAL

2,5 kg

BUY ME TO ENTER

COMBO DEAL

SPAR

SPAR
Cake Wheat Flour
2,5 kg
PLUS
Super Maize Meal
2,5 kg
PLUS
Parboiled Rice
2 kg

BUY ALL FOR

99⁰⁰ per combo

WITH RewardsCARD

AS SEEN ON TV

BUY ME TO ENTER

SPAR

FROZEN CHICKEN

MIXED PORTIONS WITH A BRINE-BASED MIXTURE

SPAR
IQF
Chicken
Mixed
Portions
4 kg

169⁹⁹ each

Save R30

SPAR

REFINED WHITE SUGAR

2,5 kg

BUY ME TO ENTER

SPAR
Refined
White Sugar
2,5 kg

54⁹⁹ each

WITH RewardsCARD

AS SEEN ON TV

BUY ME TO ENTER

SPAR

FULL CREAM FRESH MILK

ULTRA PASTEURISED

SPAR
Extra Shelf Life
Full Cream or
Low Fat
Milk
2 litre

31⁹⁹ each

Save R5

AS SEEN ON TV

SAVE EXTRA IN-STORE ONLY

BUY ME TO ENTER

NESCAFÉ GOLD

BUY ME TO ENTER

Nescafé
Gold
Coffee Jar
200 g
or Refill 220 g
Assorted
(excl. Decaf)

149⁹⁹ each

Save R40

BUY ME TO ENTER

SPAR

CANOLA OIL

SPAR
Sunflower
or Canola
Oil
2 litre

64⁹⁹ each

WITH RewardsCARD

UNBEATABLE STAIN REMOVAL FAST

OMO

OMO

OMO
3X auto power capsules

OMO
SUPERLIFT
AUTO WASHING POWDER

2 kg

OMO
Auto
Washing Powder
2 kg,
Liquid 1,5 litre or
Capsules 294 ml
Assorted

84⁹⁹ each

WITH RewardsCARD

Try New

Feel the difference!

TWINSAYER

Classic 2-Ply

9 Rolls
2-Ply - 350 Sheets

Twinsaver
Classic
Toilet Tissue
Rolls
2 Ply
350 sheets
9s

59⁹⁹ per pack

WITH RewardsCARD

New & Improved

ANTI-RASH SHIELD Aloe

Pampers

ultra skin comfort

pants

Pampers
Value Pack
Disposable
Nappies
or Pants
52'S
Assorted

179⁹⁹ per pack

WITH RewardsCARD

Fresh value



Red Crest Farms
Fresh Chicken
Braai Pack
5 Piece

64⁹⁹ per kg

Butcher's Choice



Your Butcher
By SPAR
Pork
Loin
Chops

84⁹⁹ per kg



Your Butcher
By SPAR
Beef
Tenderised Steak

109⁹⁹ per kg



Marinated
Pork Spare
Ribs

84⁹⁹ per kg

BUTCHERY SPECIALS AVAILABLE FROM 8 April - 12 April 2026

PORK PRODUCTS ONLY AVAILABLE AT SELECTED STORES

Baker's Favourites



SPAR Bakery
Cakes
6 inch
Assorted

69⁹⁹ each



SPAR Bakery
Jam
Swiss Roll

55⁹⁹ each



Star Bakeries
or Blue Ribbon
White
Sliced Bread
700 g

17⁹⁹ per loaf

WITH RewardsCARD

Fresh Produce



SPAR
freshline
Value Stir Fry
500 g

21⁹⁹ per pack



SPAR
freshline
Potjie
Pack
500 g

44⁹⁹ per pack



COMBO
DEAL

SPAR
freshline
Potatoes
2 kg
PLUS
Onions
2 kg
PLUS
Carrots
1 kg

BUY ALL FOR **84⁹⁹** per combo



SPAR
freshline
Seasons
Favourite
Apples
1,5 kg

24⁹⁹ per bag

SPAR WIN A CAR
50 Hyundai EXTER CARS
It could be you!

Super Savings **SWIPE, SAVE & WIN**

HOW TO ENTER:

STEP 1
Buy any participating product.

STEP 2
Swipe your SPAR Rewards card and you could be a WINNER!

From 23 March - 10 May 2026.
Ts & Cs apply.

SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products.

Specials only available at selected **SUPERSPAR** stores in the Eastern Cape from 8 April up to and including 21 April 2026 while stocks last.

We reserve the right to limit quantities. Prices include VAT.

Shop, swipe, and win!



Fatti's & Moni's Pasta Screws, Curved Shells, Spirals or Shells 500 g

BUY ANY 2 FOR

32⁰⁰

WITH RewardsCARD

Pantry Savings



Snowflake Cake Wheat Flour 2.5 kg

36⁹⁹ each

WITH RewardsCARD



Spekko Parboiled Rice 2 kg

29⁹⁹ each

WITH RewardsCARD

AS SEEN ON TV



SPAR Brown Sugar 2 kg

39⁹⁹ each

Save R12



Eezee Macaroni or Spaghetti 500 g

BUY ANY 2 FOR

25⁰⁰

WITH RewardsCARD



Nola Mayonnaise Assorted or Salad Dressing (excl 730 g & 500 g) 750 g / 780 g

36⁹⁹ each

WITH RewardsCARD



Wellington's Sweet Chilli or Jalapeno Sauce 700 ml

39⁹⁹ each

WITH RewardsCARD



Wellington's Tomato Sauce 700 ml Assorted

29⁹⁹ each

WITH RewardsCARD



Kellogg's Premium Stir Fry or Instant Noodles (incl. Migoreng) 5s Assorted

29⁹⁹ per pack

WITH RewardsCARD



Lucky Star Corned Meat 300 g Assorted

29⁹⁹ each

WITH RewardsCARD



Rhodes Quality Baked Beans in Tomato Sauce 410 g

24⁰⁰

WITH RewardsCARD



Imana Stock Cubes 12s Assorted

BUY ANY 3 FOR

32⁰⁰

WITH RewardsCARD



SPAR Pilchards 400 g Assorted

BUY ANY 2 FOR

45⁰⁰

WITH RewardsCARD



Royco Packet Soup 45 g / 50 g Assorted

BUY ANY 4 FOR

21⁰⁰

WITH RewardsCARD



Robertson's Rajah Curry 50 g Assorted

14⁹⁹ each

WITH RewardsCARD



Robertson's Spice, Seasoning or Herbs (excl. Pepper Range) 14 g / 100 ml Assorted

26⁹⁹ each

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED



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SHOP SWIPE SAVE WIN A CAR

Super Savings

Competition ends 10 May 2026. Ts & Cs apply.

Breakfast Savings Every Day

 <p>Nescafé 2 in 1 Ricoffy + Creamer Doy Pack 400 g</p> <p>79⁹⁹ each WITH Rewards CARD</p>	 <p>Nescafé Cappuccino Sticks Assorted or Kit Kat Mocha Instant Coffee 8s / 10s</p> <p>BUY ANY 2 FOR 120⁰⁰ each WITH Rewards CARD</p>	 <p>Tetley Premium Black Tea 102s</p> <p>39⁹⁹ each WITH Rewards CARD</p>
 <p>Bokomo Corn Flakes 1 kg</p> <p>52⁹⁹ each WITH Rewards CARD</p>	 <p>Jungle Oats 1 kg or Instant Oats 750 g Assorted</p> <p>35⁹⁹ each WITH Rewards CARD</p>	 <p>Iwisa Instant Porridge 1 kg Assorted</p> <p>23⁹⁹ each WITH Rewards CARD</p>
 <p>Bokomo Weet-Bix Flavoured Assorted or Original 375 g / 450 g</p> <p>27⁹⁹ each WITH Rewards CARD</p>	 <p>La Italiana Smooth Peanut Butter 1 kg</p> <p>59⁹⁹ each WITH Rewards CARD</p>	 <p>Rhodes Quality Jam 900 g Assorted</p> <p>34⁹⁹ each WITH Rewards CARD</p>

SHOP
Get a sticker for every R100 you spend.

COLLECT
Fill your collector card with 20 stickers.

SAVE up to 80%
on MasterChef pots and pans.

Cook on another level with




MasterChef THE TV SERIES

Only at **SPAR**

Terms and conditions apply. Full promotion details also on collector cards in store now. Promotion valid 20 January to 3 May 2026. Completed collector cards can be redeemed until 17 May 2026. Exclusive to SPAR Stores in the Eastern Cape. WHILE STOCKS LAST. © 2026 Shine TV Limited. MasterChef and the MasterChef logo are registered trademarks of Shine TV Limited and its affiliates. Licensed by Banijay Entertainment. All Rights Reserved.

Switch to **SPAR Mobile** now and get **FREE DATA** in-store on these great deals. Ts & Cs apply. Visit www.sparmobile.co.za for more information.

 **SPAR Rewards** deals available while stocks last.

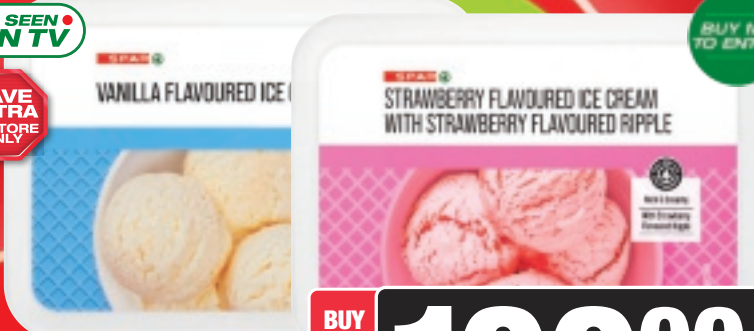
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Winning prices

AS SEEN ON TV

SAVE EXTRA IN-STORE ONLY

BUY ME TO ENTER



SPAR Ice Cream 1,8 litre Assorted

BUY ANY 2 FOR

100⁰⁰

Save R50

Freezer Savings



SPAR Frozen Carrots, Corn & Peas Mix 1 kg

52⁹⁹ each

WITH RewardsCARD



SPAR Skinny, Slap, Straight or Crinkle Cut Frozen Chips 1 kg

44⁹⁹ each

WITH RewardsCARD



Chicken'tizers Southern Style Crumbed Chicken Strips, Bites or Pops 1 kg Assorted

79⁹⁹ each

WITH RewardsCARD



Magnum Mini Ice Cream Sticks 5s Assorted

99⁹⁹ each

WITH RewardsCARD



SPAR Crumbed Chicken Burgers, Pops, Steaklets, Fries, Nuggets or Strips 750 g

59⁹⁹ each

WITH RewardsCARD



Dr Oetker Nice 'n Easy Frozen Meals 320 g / 325 g / 350 g Assorted

BUY ANY 3 FOR 170⁰⁰

WITH RewardsCARD



Eskort Crumbed Prok Fingers, Frikkadel, Nuggets, Sliders or Mini Cheese Viennas or Potato & Bacon Balls 400 g

54⁹⁹ each

WITH RewardsCARD

Fridge Essentials



Parmalat Steri Stumpie Milk or Iced Coffee 300 ml / 350 ml Assorted

BUY ANY 2 FOR 32⁰⁰

WITH RewardsCARD



Parmalat Low Fat Dairy Snack or Kids Yoghurt 6s Assorted

BUY ANY 2 FOR 38⁰⁰

WITH RewardsCARD



Danone Yogi Sip Drinking Yoghurt 500 g Assorted

19⁹⁹ each

WITH RewardsCARD



SPAR Full Cream Pineapple Yoghurt 1 kg

38⁹⁹ each

WITH RewardsCARD



SPAR Double Cream Strawberry & White Chocolate Yoghurt 1 kg

38⁹⁹ each

WITH RewardsCARD



Eskort Shoulder, Diced or Round Bacon only 200 g

36⁹⁹ each

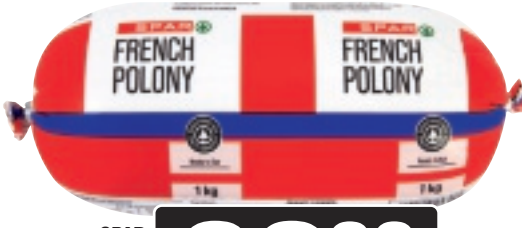
WITH RewardsCARD



SPAR Smoked Viennas Beechwood Smoked 500 g

49⁹⁹ each

WITH RewardsCARD



SPAR Polony 1 kg Assorted

36⁹⁹ each

WITH RewardsCARD



SPAR Daily Spread 40% Fat Spread Tub 1 kg

39⁹⁹ each

WITH RewardsCARD



SPAR Pre-Packed Cheese 700 g Assorted

99⁹⁹ each

Save R47



SPAR Cheddar or Gouda Processed Cheese Slices 400 g

54⁹⁹ each

WITH RewardsCARD



SPAR Cottage Cheese 250 g Assorted

32⁹⁹ each

WITH RewardsCARD



SPAR Margarine Brick 500 g

23⁹⁹ each

WITH RewardsCARD

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